

Lt. Col. Edwin P. Ramsey remembered

Dear Family and Friends,
 Death Leaves a Heartache No One can Heal
 But Love leaves a Memory No One can Steal!
 So here's to the Memories of Ed and Me in Hawaii...
 Also the view from our balcony at the Hale Koa Hotel in 2004.

I am also sending as an attachment a poem
 "I Heard your Voice in the Wind Today"
 sent to me by my dear nephews, Daniel and Amy
 which carries the feelings I have inside as I remember Ed
 and miss him so dearly...

I chose the song "SMILE" composed by Charlie Chaplin in 1936;
 John Turner and Geoffrey Parsons added the lyrics in 1954.
 as I know Ed wants me to be happy and carry onward
 as I continue my journey and SMILE rather than CRY for him.

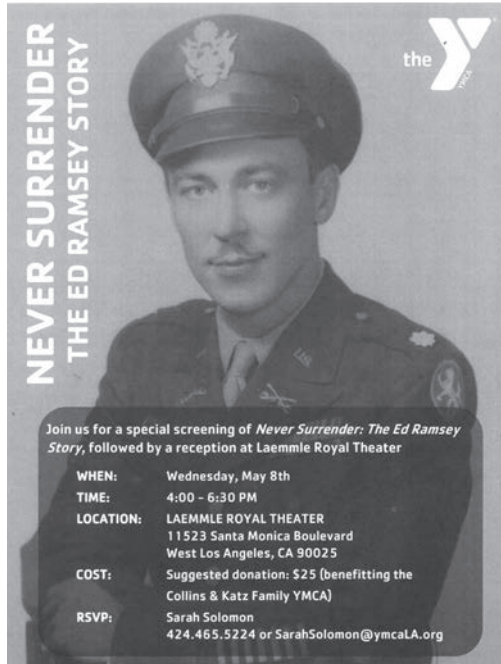
SMILE

Smile though your heart is aching
 Smile even though it's breaking
 When there are clouds in the sky, you'll get by
 If you smile through your fear and sorrow
 Smile and maybe tomorrow
 You'll see the sun come shining through for you

Light up your face with gladness
 Hide every trace of sadness
 Although a tear may be ever so near
 That's the time you must keep on trying
 Smile, What's the use of crying?
 You'll find that life is still worthwhile
 If You Just SMILE.

We remembered Ed with a screening of "NEVER SURRENDER: THE ED RAMSEY STORY" on the eve of his birthday, May 8, 2019 at the Laemmele Royal Theater in Santa Monica, West Los Angeles, CA at 4:00-6:30 PM. A reception and a Q & A followed after the showing. The event was sponsored by the Collins and Katz YMCA.

Raqui



YMCA Flyer for the screening of NEVER SURRENDER on May 8 at the Laemmele Royal Theater in Santa Monica, West Los Angeles, CA.



I Heard Your Voice In The Wind Today

I Heard Your Voice In The Wind Today - Unknown

I heard your voice in the wind today
 and I turned to see your face;
 The warmth of the wind caressed me
 as I stood silently in place.

I felt your touch in the sun today
 as its warmth filled the sky;
 I closed my eyes for your embrace
 and my spirit soared high.

I saw your eyes in the window pane
 as I watched the falling rain;
 It seemed as each raindrop fell
 it quietly said your name.

I held you close in my heart today
 it made me feel complete;
 You may have died...but you are not gone
 you will always be a part of me.

As long as the sun shines...
 the wind blows...
 the rain falls...
 You will live on inside of me forever
 for that is all my heart knows.



Ed and me in our favorite place, HAWAII and the view from our bedroom window.



Photo shows from L to R, Kathleen Lago, Western Regional Director of the DAV, Paula Levy, Dr. Mel Levy, and me. Behind us; Tamara Henry, Matt Hausle of Vanilla Fire Productions and Ann Samson, Director of the Collins and Katz YMCA. Matt Hause is the Director of NEVER SURRENDER.

SPORTS

Boxer laureate and international icon Senator Manny "Pacman" Pacquiao returns to US to begin Phase 2 of training for world title fight against Keith Thurman

LOS ANGELES -- Manny days are here again! Senator Manny "Pacman" Pacquiao (61-7-2, 39 KOs), the Philippines' national treasure and boxing's only eight-division world champion, returns to Freddie Roach's Hollywood-based Wild Card Boxing Club to begin phase two of his training camp in preparation for his rumble with undefeated WBA welterweight super champion Keith "One Time" Thurman (29-0, 22 KOs), from Clearwater, Florida -- his third world championship fight in the past 12 months. Pacquiao arrived in Los Angeles on June 15 via Philippine Airlines.

What a whirlwind journey it has been for the Amazon' Manny over the past 11 months. It started out with him knocking out defending WBA welterweight world champion Lucas Matthisse in the seventh round of their July 15, 2018 bout, which took place at Axiata Arena in Kuala Lumpur, Malaysia. He returned to the ring, at the MGM Grand Garden Arena, on January 19, and blitzed former four-division world champion Adrien Broner. And next month, at age 40-1/2, he will look to complete his world welterweight championship hat trick against Thurman. And in between? There has been no down time for Manny. He maintains a schedule that keeps the international icon thriving. Manny traveled to the United Kingdom at the invitations of the prestigious Oxford Union and Cambridge Union to speak about his life and answer questions from the student members on consecutive days. Then it was back to the Philippines and his duties as a Senator.

Up until last week's Senate recess, it was 14 to 16-hour days divided into two-part rigorous training sessions and a full work day dedicated to his senatorial duties. Once the Philippine Senate session ended, on June 7, Team Pacquiao returned home to General Santos City to focus on training.

"At age forty I want to prove I can still beat an undefeated champion," said Manny. "I like being an underdog in this fight. It is nothing new and it is fun. I have been an underdog my entire life. Keith Thurman does not scare me. Keith Thurman does not intimidate me. Keith Thurman has inspired me. I am training harder than ever. This is the biggest test of my career. It



is a story that is forty years in the making." Now it's back to Hollywood, California and his second home, Wild Card Boxing Club, where Manny will endure the most intensive part of his training in preparation for his title fight against Thurman. Holidays will be work days for this training camp. Manny plans to hold off on celebrating July 4. He will set off his fireworks when he steps into the ring with Thurman.

Pacquiao and Thurman will battle in a welterweight world title attraction that headlines a PBC on FOX Sports Pay-Per-View event beginning at 9 p.m. ET/6 p.m. PT. In a battle of unbeaten, IBF super middleweight world champion Caleb "Sweethands" Plant (28-0, 10 KOs), from Nashville, will make the first defense of his title against the pride of the University of Notre Dame Mike Lee (21-0, 11 KOs), from Chicago, in the main event of FOX PBC Fight Night and on FOX Deportes preceding the Pay-Per-View and beginning at 7 p.m. ET/4 p.m. PT. The respective world championship showdowns will take place on Saturday, July 20 at the MGM Grand Garden Arena.



Manny Pacquiao training at Griffith Park, Los Angeles, (Photos by Wendell Alineal/MP Promotions)



Five rounds of mitts with Freddie Roach, at Wild Card Gym in Los Angeles. (Photos by Wendell Alineal/MP Promotions)